

**NORTHWEST CHILDREN'S HOME**



419 22ND AVE  
LEWISTON, ID 83501  
NORTHWESTCHILDRENSHOME.ORG  
208.743.9404

# HIGHLIGHTS SUMMER 19'

To the left is CEO Brian Pope spraying our field in preparation for our alfalfa harvest. Our 7 acre field is self sufficient. We partner with a local farmer that helps us along the process and purchases the finished product. Our kids love being apart of this process and making a wage to buck & load bails and learn valuable job skills & work ethic.

To the left is the start of our beautiful campus garden. The kids are involved in this process from start to finish. They even help with things like repairing hose. The kids are so excited to help grow the food that they eat and love learning about where food comes from. This year we have planted watermelon, pumpkins, tomatoes, broccoli, lettuce, cucumbers, squash , peas, beans, & corn. We are so grateful to those that donated and made this amazing experience happen for our kids.

Recently we have had some wonderful volunteers on campus from the University of Idaho, Clearwater Paper, & Regence painting classrooms, planting flowers, & beautifying campus. We deeply appreciate all that our volunteers do to make the magic happen here.

## CONTACT US!

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## RED SNEAKER CAMPAIGN

Many of our kids on campus have not experienced what we think of as "normal" summer fun. At the Children's Home we strive to teach them positive fun ways to fill their time such as fishing, hiking, outdoor art projects, garnet mining, & much, much more! These activities benefit our youth because we are teaching them appropriate ways to spend their leisure time which lends an opportunity to create connections and build healthy relationships. Recreation is extremely therapeutic for our youth. The Red Sneaker Campaign helps pay for these activities for our kids and teaches them valuable life lessons all while enjoying summer!

**IF YOU WOULD LIKE TO DONATE TO THE SUMMER  
FUN PLEASE USE THE ENCLOSED ENVELOPE.**

*Building Brighter Futures*





# JOIN OUR TEAM WE ARE HIRING

Visit our website or  
contact Whitney in HR:  
(208) 743-9404 EXT: 202

## GIRL'S PROGRAM NEEDS:

SOCKS  
UNDERWEAR: S-XXL  
FEMININE HYGIENE PRODUCTS  
REUSABLE WATER BOTTLES  
MAGAZINES FOR CRAFT  
BOARD GAMES  
ART & CRAFT SUPPLIES  
PG MOVIES

## BOY'S PROGRAM NEEDS:

SOCKS  
UNDERWEAR: S-XXL  
TWIN BED SHEETS  
REUSABLE WATER BOTTLES  
SPORT SHORTS S-XXL  
SHOWER CURTAINS  
SPORTS EQUIPMENT  
PG MOVIES  
LEGOS

## UPCOMING NCH EVENTS



**MAURICES BACK TO SCHOOL  
EVENT- JULY 27TH**

**LINDSAY CREEK CORKS FOR A  
CAUSE - AUG. 29TH**

**NCH GOLF FORE KIDS-  
SEPT. 14TH**

## DR. RANDY MOSS



Dr. Randy Moss comes to the Children's Home as a trauma informed care consultant. His background comes from being a CEO in a similar residential care facility and now with Integrated Counseling and Consulting. He has a Ph.D. in Counseling Psychology from BYU. Dr. Randy Moss says, "I strive to make professional trainings, coaching and consultation relevant, interactive, and translatable into everyday work" (Randy Moss). He is important to the Children's Home as we are transforming our agency to be more trauma informed. He has helped other agencies similar to ours in becoming the best they can be. We are so excited to have him as our trauma informed care consultant, he has been instrumental in helping us change our culture over the last two years regarding relationships between staff and kids, as well as the culture between co-workers. During his visit this May he led an experiential training with direct care staff on how to deal with challenging behaviors in kids. He also helped us with our standards of care in preparation with our big accreditation with COA in June. After his visit our staff felt inspired, motivated, and recharged to best serve our kids.



## WHAT THE KIDS ARE UP TO



**COMMUNITY EVENT  
COME AND LEARN  
ABOUT HOW WE  
SUPPORT AND  
SERVE OUR  
KIDS**



## LC VALLEY RESILIENCE CONFERENCE

UNDERSTANDING BEHAVIORS, ACES, & TRAUMA  
LEARN STRATEGIES, SKILLS, & TOOLS FOR WORKING WITH  
PEOPLE WHO HAVE EXPERIENCED CHILDHOOD TRAUMA

Red Lion Hotel Lewiston, ID Thursday, August 8th  
ROOMS AVAILABLE AT THE RED LION  
CHECK IN AT 8:00AM - CONFERENCE FROM 9AM-4PM  
FOUR BREAK OUT SESSIONS WITH LUNCH INCLUDED

## WHAT DOES TRAUMA LOOK LIKE?

- The child appears guarded, defensive and angry
- The child can be difficult to redirect and dismisses support
- The child manifests great reactivity. The reactivity is more frequent, more intense and lasts longer than with unaffected children. Emotional outbursts often appear to be in response to seemingly unimportant events.
- When the child actually "loses it" and has a temper outburst or meltdown, behaviors may be extremely inappropriate and offensive.
- Internalized responses may involve depression, dissociative reactions, self-injurious behaviors, and suicidality.
- The child seems to make the same mistakes over and over and does not appear to learn from experience.

The source of this information  
is from "Think Trauma"

## STUDENT SPOTLIGHT

One of our very own residents is a 2019 graduate from Clarkston High School and won a \$5,000 College Bound Scholarship and we could not be more proud of her! Her grandmother wrote to us regarding the news "I guess one of the hardest things to face is the failure of your kids parenting their children. Both of her parents are mentally ill with the added dynamic of addiction on top of that. NWCH has literally saved her life. Providing care and resources we couldn't manage on an outpatient basis. I am thrilled this has made my week, thank you from the bottom of my heart, she needed your wisdom and strength to lean on. A wonderful achievement she has accomplished." She is a prime example of resiliency.

