The mission of Northwest Children's Home is to provide quality rehabilitative, therapeutic and educational services for children and families.

## 2015-2016

# Northwest Children's Home, Inc.

## **Annual Report**

Lewiston Campus 419 22nd Ave Lewiston, ID 83501 208-743-9404 www.northwestchildrenshome.org

Education Center 602 13th Street Lewiston, ID 83501 208-746-8206

**Established in 1908** 

The Northwest Children's Home is the oldest non-profit residential program in Idaho. We are a licensed therapeutic agency that provides therapeutic residential services for children ages 10-18 who have experienced childhood complex trauma. Every child placed in our residential care program is offered individual and group therapy with a clinical level therapist, recreation, vocational programing, daily skill building, processing groups and a private accredited education. Every program is structured with new opportunities to help boys and girls obtain health and wellness, prosper in education and foster feelings of resiliency and empowerment to become goal driven individuals with a bright future.

"Over the last year, the Education Center went through the arduous accreditation process. It took months of planning, culminating in a two day site evaluation, which we passed. We are now accredited for the next five years, with a site visit within the next two years. We also started our vocational education program. We offered 3 classes a day, each quarter. It went so well, we are expanding it for the 2016-2017 school year. At the end of the school year we had a graduation ceremony for our graduate. It was a great way to end a successful year."

-Kim Bacon, Director of Education

#### Hello from our Administrative, Clinical and Education Teams!

In order to get closer to our ultimate goal of providing the best treatment services to effectively treat the most vulnerable and traumatized kids that have been affected by abuse and/or neglect, we had a "rebuilding" year here at the Northwest Children's Home. We set some key objectives last year. The following summarizes our progress thus far:

- Changing our language and culture to better understand how the impacts of abuse/neglect affect, among other things, children's brain development, the ability to function in school, at home, and in peer relations, and to improve their emotional regulation and the forming and sustaining of relationships with others.
- Progress: Our management teams met regularly throughout the year to increase their understanding of trauma-informed care practices, Dialectical Behavioral Therapy (DBT) skills, leadership development and team building. Our therapists and managers attended pertinent trainings to improve their skills in working with the various ages of youth and their developmental levels.
- Training/supporting our staff in new ways of intervening and curbing acting-out behaviors while simultaneously offering alternative activities/incentives to keep our kids interested in their programs, schooling and treatment services.
- Progress: Our Quest and Hopper programs (both boys) as well as our Education Center excelled regarding this objective as they developed stable teams that worked cohesively to meet the needs of the kids. Weekly staffing, team building exercises, and trainings and discussions regarding impacts of trauma on a youth's brain led to better treatment outcomes and more stability in the programs. In May, 2015, our Vision program changed to serving girls so that we now have two girls' cottages. They are making steady progress and still undergoing development.
- Improving the functionality of our physical sites to support supervision, new learning opportunities and the flow of daily transitions, which are important times for kids to practice prosocial behaviors.
- Progress: Our Master Planning process was collectively developed through WHL Design and has been finalized to meet key objectives over the next 5-10 years in maintaining and enhancing our physical sites. Key influential staff were involved in the process. Their overwhelming response was to move the Education Center to our campus so we can be one team. The Syringa program site is being sold in Nampa, Idaho. The potential income from that sale will provide options for the further development of our Lewiston campus.
- Making sure our staff stay healthy and supported so they have the energy to work with this specialized population and support better outcomes for the kids and families we serve.
- Progress: Development of teams is essential to the success of the programs. We were awarded a grant this year to develop a wellness center on campus that could include Cross-Fit and other program activities for not only the kids in the programs but also for staff to participate in for their own self-care and health.
- Working closely with our community partners and referral sources to improve communication and provide feedback as we develop quality trauma-informed care treatment programs.
- Progress: A new practice at our agency is that our treatment teams screen all new referrals daily. This has refined intakes so that kids who are more motivated for treatment are admitted. The result has been a decrease in elopements and assaults, as well as more effective treatment in general. This is a balancing act as we are screening out a higher number of kids who need treatment services but may be too acute for our level of treatment. This has negatively affected our budget this last year as we only maintained a census of 46; a census of 58 would put us in a budget-neutral position given our current operational costs. In the coming year we will continue working with our referral sources and fine-tuning our screening process to help us identify ways to meet the needs of the kids while concurrently keeping an adequate census in order to maintain our budget. Our current placements come from Washington (90%), Oregon (5%) and Idaho (5%) with plans to open up referrals to other states as we start the process of becoming accredited through the Council on Accreditation (COA).

We are very proud of our accomplishments this past year and will continue working on these objectives as we enhance our organization! Brian Pope, LCSW CEO



I feel very honored, humbled, and grateful to have had the opportunity to serve the Northwest Children's Home this last year as your Board Chairman. I feel equally blessed to have been a part of this organization for the last 15 years. It is truly a privilege to experience working with all of the marvelous staff and administration of NCH, and I have tremendous gratitude for all that you do each day to serve the many needs of the children in our care, providing them the help, guidance and education they so desperately need, all done with your wonderful compassion, concern and care. I truly feel as blessed by you as the children in our care.

We have had another year in which we experienced many tremendous challenges and changes, but your hard work and efforts have continued to ensure our success and our ability to continue our great mission. While many additional challenges lie ahead, I take great comfort in knowing that with your tremendous dedication to caring for our kids, your innovation and creativity, and your willingness to always do whatever it takes, we will overcome any and all challenges that come our way.

I also want to thank all of those in our communities that have so generously donated their time and resources to ensuring that our mission continues onward; I cannot begin to thank you enough, and encourage all of you our marvelous donors to continue your involvement, and hopefully encourage many others to do the same, as we move forward into the future. Again, thank all of you for your tremendous generosity!

I am looking forward to another great year in which we collectively find new, creative and effective ways to continue our care for the wonderful children we serve. Thanks to all of you, our kids continue to have marvelous opportunities to have great futures! God bless you all!

John Keatts, Board Chair

#### **Board of Directors**

John Keatts-Chair Mike Salisbury- Vice Chair Arnie Kadrmas- Past Chair Sam Creason Bob Tippett Bill Jollymore Kathy Cone Linda Emerson Christopher Ankeny Cynthia Mosher- Attorney

#### **Development Board**

Heidi ZellerHoff-Community Bank Connie Salisbury– Friends of NCH on the Palouse Kiley Keatts– Backyard Harvest Mandy Benke– Twin River Bank Troy Sandvick– Potlatch No.1 Credit Union

#### FRIENDS of the Northwest Children's Home

Banner Bank **Camille Beckman Foundation Clearwater Paper Company Gibney Family Foundation** Happy Day Corporation **Julius C. Jeker Foundation, Inc.** Loretta Lee Larry and Deann Mendenhall Sam and Sydney Mitchell **Nez Perce Tribe Joe Hall Ford Lincoln** Potlatch No. #1 Federal Credit Union **CHS** Primeland **Costco** Wholesale **Pacific Northwest Farmers Cooperative** Floyd & Marian Haugen **Lewiston Police Department Clarkston Police Department Cambia Health Care Employees** Idaho Food Bank **Excel Transport American Insurance** Pepsi Bottling Co. Swire/Coca-Cola **Community Bank Troy Insurance** 



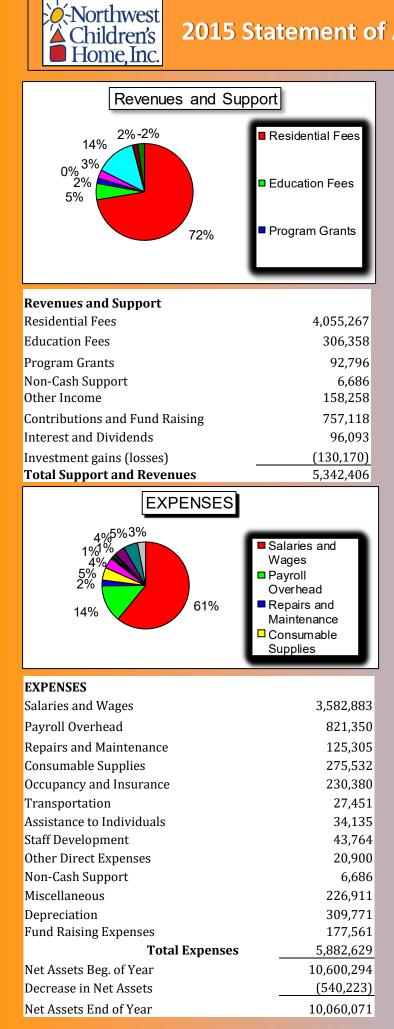
#### **Directors**

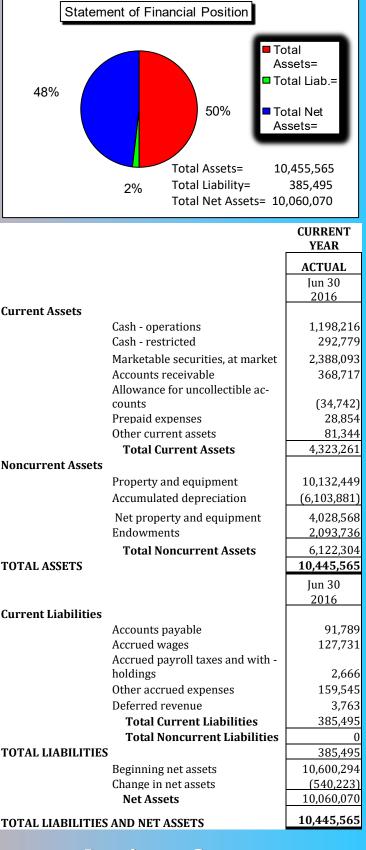
Chief Executive Officer -Brian Pope Chief Operating Officer- Bruce Grimoldby Residential Services Director- Christy Lunceford Chief Finance Officer -Clete Ryan Director of Education- Kim Bacon Director of Development- Hy'D Andrews

#### **<u>Helping Hands Awards</u>**

Rod Wilson- Retired CEO of NCH Scott Mosher- Retired Clinical Director of NCH Dustin Hibbard- Lewiston Police Officer Curt Hibbard- Past board member for 6 years & volunteer Fred Fowler- Employee of the Year Kitty Hamilton- Volunteer of the Year

### **2015 Statement of Activities and Financial Position**





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